



THE WIG & GOWN  
CHAMPAGNE BAR & RESTAURANT

## Gluten Free Lunch Menu

### GRILLED FLAT IRON STEAK

Served Pink, Lyonnaise Potatoes, Three  
Peppercorn Cream & Chunky Chips  
£16.50

### WARM BRIE & SMOKED BACON

Dressed Leaves, Cranberry & Onion Jam,  
Gluten Free Bread, Balsamic Drizzle  
£12.95

### DONEGAL SMOKED SALMON & PRAWN OPEN SANDWICH

Chive Cream Cheese & Lemon, Gluten Free Bread  
£14.95

### SOUP & SANDWICHES

Soup Of The Day with Gluten Free Bread  
(Ask Your Server)  
£4.95

### SANDWICHES

Gluten Free Bread with Choice Of  
Freshly Prepared Fillings:  
Tuna, Ham, Chicken, Salad, Cheese, Onion,  
Served with Cup of Soup or Skinny Fries  
£9.95

### WIG BEEF BURGER

Chargrilled 6oz Prime Beef Burger on Gluten  
Free Bread Roll, Baby Gem Leaves, Onion Jam,  
Gherkin, Cheddar Cheese & Bacon  
with Skinny Fries  
£17.00

### PAN FRIED CHICKEN BREAST WITH GARLIC BUTTER

Chunky Chips  
£16.50

### PAN SEARED FILLET OF COD

Wilted Pak Choi, Snow Peas, White Wine  
Cream  
& Buttered Baby Potatoes  
£16.50

### PRIME GRILLED IRISH 8OZ SIRLOIN STEAK

Sauté Onions, Green Peppercorn Cream  
& Chunky Chips  
£19.50

### SIDE ORDERS – £4.25 EACH

Champ / Baby Boiled Potatoes / Parmesan Fries / Garlic Fries / Skinny Fries / Chunky Chips /  
Rocket & Tomato Salad / Vegetables Of The Day

#### Allergy Advice

For full allergen information or if you have any dietary requirements, please ask your server.  
Please be aware that we are unable to guarantee that any menu item can be completely free from traces of  
allergens. All products are locally sourced, where obtainable.